



CANBERRA
CYCLING CLUB



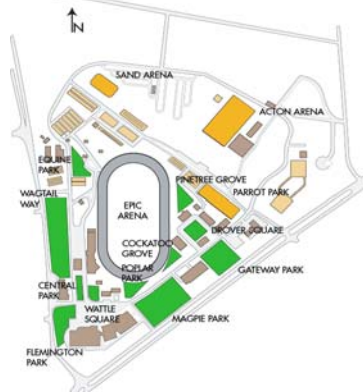
NORTHSIDE JUNIOR CYCLISTS IS BACK IN 2009

Canberra Cycling Club invites you to participate in the 2009 Junior Cyclists (JCs) program.

Thanks to EPIC, this summer's JCS will be run in a safe environment. The JCs program is conducted by qualified coaches and is for children aged 7 to 15 years.

JCs teaches children basic to advanced bike handling skills in a fun environment and introduces them to the different cycling disciplines. All they needs is a roadworthy bike and a helmet. Any type of bike will do— BMX, road or MTB!

WHERE: at **EPIC** – enter the main entrance on Flemington Road (near corner of Northbourne Ave) and follow the signs. There is plenty of parking and room for adults to go out for a ride.



WHEN: Tuesday nights for the following dates from 3 February to 31 March 2009. Tuesday 3 February will be registration night and a shortened program. We take a 2 week break at the end of February because of the Canberra Show. Make sure you support EPIC and go out to the show!

Date	Times	Date	Times
3 February 2009	6.00 – 7.30 pm	10 March	6.00 – 7.30 pm
10 February 2009	6.00 – 7.30 pm	17 March	6.00 – 7.30 pm
17 February 2009	6.00 – 7.30 pm	24 March	6.00 – 7.30 pm
		31 March	6.00 – 7.30 pm

EXPECTED COST (to be confirmed):

Ages 7 to 12 years: \$35
Ages 13 to 14 years: \$65
15 years and over: \$75

The fee includes JCS program, club membership, insurance and access to club events for 12 months.

For more details contact Malcolm Cook 0427 594 131 or email: malcolm.cook@deewr.gov.au

Or visit the Canberra Cycling Club website at:
www.canberracyclingclub.org.au