THE WHISPERING WHEELIE

AUGUST/SEPTEMBER 1997

MAGAZINE FOR THE
CANBERRA CYCLING CLUB
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CANBERRA CITY
ACT 2608

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President's message.

The Canberra Cycling Club can be proud of the efforts of a number of club members recently. Overseas the most recognised effort of course was Neil Stephens stage win in the tour. A great effort from a top rider who definitely deserved a stage win and Michael Rogers with a win in the Pointscore race on the Track. Also overseas Mathew Hayman has been riding well with a recent victory in a major race.

Closer to home congratulations to all the Juniors who participated in the NSW Road Championships at Bowral. James silver in the Time Trial, Gold in Criterium and Silver in the Road Race, Paula Sutton Gold in the Criterium, Jenny Cassidy Gold in the Road Race and Paul Flannery Bronze in the Time Trial.. This year there have been excellent turnouts by juniors at club races and it is encouraging to see so much talent and enthusiasm amongst the junior members of the club.

The club wishes the best to all those participating in the Australian junior championships in Adelaide, this will be the largest Team to be taken away so good luck to all..

Finally thank you to all who raced in the Brett Seaman Memorial handicap and the accompanying junior races. This was one of the biggest turn outs all year with around forty riders in the senior race. Brett's partner, Katy who attended to watch the race has thanked everyone who rode and the club for putting on the event in memory of Brett.

Paul Ingwersen

Canberra Cycling Club
Minutes of Special General Meeting
(to approve 1994-5 accounts)
Minutes of General Meeting
July 16 1997, 7:30

Meeting opened at 7:58pm

Present..

Paul Ingwersen, Dave Sutton, Mark Carter, Robert Wells, MaryAnn Simpson, Garth McDonald

Apologies

John Warren, Sean Burke. Dave Sutton also pointed out that Denis Mugoven was unable to attend due to broken elbow

Special General Meeting

Called to approve the 1994-5 annual accounts. Mark Carter presented annual statements for 1994 and 1995 (attached). These had been successfully audited and would be lodged with the ACT Government as soon as he obtained information on membership and members equity. (Robert Wells to provide). He pointed out that 1995 showed a $14,000 (aprox) profit but no Capitation fees were forwarded to the ACF that year. A $12,000 (aprox) loss in 1996 was due to payment of Capitation fees for both 1995 and 1996 in that year. Dave Sutton moved and Garth McDonald seconded that the Annual Accounts for 1994 and 1995 be approved. Carried. Paul Ingwersen offered specail thanks to Mark Carter for the long hours he had put into putting the accounts into order. Carried.

Minutes of previous (monthly) meeting

MaryAnn Simpson moved, and Garth McDonald seconded that the minutes of the meeting held 18th June be accepted. Carried

Business arising

Presidents Report

- $500 application to Sport and Rec for printing stopwatch has been lodged via Murray van Teulingen
- Maintenance work has been carried out on the Cotter Bridge as a result of letter written by John Warren earlier this year. Also on the cycle path bridge near Westbourne woods
- Masters games □ request for marshals and equipment anticipated

Treasurers Report

- As of 3rd June 1997, just short of $22,000 with components as follows...
  - $11,763 Term Deposit
  - $2963 Main Account (after $7756 Capitation. This cheque sent off but not cleared)
  - $2537 Milk race A/C
  - $452 Gold Cash Management A/C
  - $4241 Tour de Femme A/C
- Authority to change account signatories now processed OK
- General discussion on Milk Race matters

Membership Secretary report

143 members. 160 same time last year. Some discussion on reducing Membership Fees for late season entries. It was agreed that the Canberra Cycling Club would reduce its component of the Membership Fee to $5 from 1st july to 30th September (from 1st October, Membership covers the following year). Moved Robert Wells, seconded Mark Carter. Carried.

Correspondence and other Business...

- *Mobile Phone* ...
  - Form to be filled out for change of contact details (formerly Bill Danaher). Mark Carter to action.
  - A charge of $62.30 was paid twice due in part to contact details (above) being out of date □ extra time by Dave Sutton (via MasterCard). United Communications will reimburse the extra $62.30 via cheque to CCC. Dave Sutton reimbursed.
  - Some discussion on how to pay the bills in a more timely manner. Problem sometimes arises because of the short billing cycle and the delay in receiveing the bill. It was noted that most months there is only the $10 standby rental charge. The possibility of only paying every few months, but paying the account to a level of credit was raised.

- *letters for Assistance* ..
  - James Atkinson. Bowral, 1996 □ Mark carter reported that this had now been resolved. Letters written apologising for the delay.
  - Michael Rogers. Assistance request received for Worlds. According to enquiries made by Paul Ingwersen, he only had a 6 month scholarship with the AIS, beinbg a junior grade rider. The ACT Academy of Sport has provided $1000 of $3500. After discussion on available funds in the Club, it was agreed to provide $400. (Moved MaryAnn Simpson, Seconded Dave Sutton. Carried). Paul Ingwersen to reply and mention that the Club would like to seek his involvement in the promotion of junior cycling some time in the future in return for this assistance.

- *ACTCF...*
  - Council Meeting 7:30pm, 5th August, Bruce Stadium
    - Garth McDonald and MaryAnn Simpson will attend
    - Items for discussion...
    - John Warren's non-receipt of silver medal for Vet3 Road Champs, 1995
    - Means of notifying more in advance of **details** of ACTCF events
    - Dave Sutton to contact Janet White informing her of the above

- Request for trailer for 20th July (ACTCF Junior Championships). Arranged OK.
- Copy AGM 14th May tabled
- Copy of Auditors Report for 1996 Accounts tabled.
- ACTCF Newsletter posted to members
- 3 Free Rides Rule now scrapped □ now $10 for 3 rides.
  - Dave Sutton to contact Janet White and clarify that prospective riders can only make use of this offer once
  - Paul Ingwersen to talk to Denis Mungoven re sign to put up in trailer
  - Robert Wells to provide Club membership list for the trailer for reference
  - 1994 Grant acquittal Mark Carter reported that this had now been cleared up.
- Grant for printing stopwatch □ lodged (refer President's report above)

  Tour de Femme Grant □ Mark Carter reported that approval had been given for $8500 grant applied for previously.

- Brett Seaman memorial race
  - Dave Sutton -invitations issued to Goulburn and Eurobodalla. To write to Vikings also.
  - Paul Ingwersen will be liasing with Katy Gallagher to pick out an appropriate trophy
  - Paul Ingwersen to contact Nick Thomson re Tea/Coffee.
  - MaryAnn Simpson to arrange biscuits/cakes
  - Mark Carter to arrange for some beer
- Iron Mike organisation
  - Paul Ingwersen and race committee to try and get more information from ACTCF
  - Proposed distances..
  - A Grade (championship event) 120km. 2 laps to end of bitumen.
  - B,C Grade 60km (1 lap)
  - Entry $15 for A Grade, $10 for B, C Grade

  - 10am start (A Grade)
  - Tim Ward has agreed to act as A Grade Ccommissaire
- Catalyst Interactive Contract. No further info as Denis not present (injury)

- ***Miscellaneous Correspondence...***
  - Community Information and Referral Service □ database update request
  - Action Badges Marketing Brochure
  - Perth World Track Champs Newsletter
  - Australian College of Road Safety Newsletter
  - ACT Bureau of Sport Recreation and Racing..
    1. Invitation to Clubs Development Seminars 4th and 6th August
    2. Invitation to Active Australia Information Seminar 24th July
  - Pedal Power Journal
  - Invitation to Young Australian of The Year Awards Launch 12:30 16th July
  - Females in Training □ thanks for collaboration in Post Tour de Femme Races
  - HealthPact Health promotion Seminars 29th July and 12th August
  - Canberra Lite White Milk Race Report (MaryAnn Simpson)

Other Business...

Mark Carter tabled copy of minutes from Bike Week planning meeting. Tour de Femme is scheduled for 9th November. Some discussion about the possibility of Canberra Cycling Club holding another event. To be further investigated.

Meeting Closed at 9:48pm

Vlaanderen-Europa Classic, Cat 1.7
Belgium, July 11 1997

No Fleming, and even no European won the Vlaanderen-Europa Classic which was raced on July 11. Instead, it was the Australian Mathew Hayman who escaped in the last kilometers to capture the victory. The Belgians did not even figure in the finale with several other European riders taking the top places behind Hayman. In the final leading group, there were nearly 30 riders. There was also a following group of 16 riders.

Over the last section of cobbles, almost at the end of the last large lap, the groups came together, and the battle for the finale began. A group of 4 ttacked with Wim Heselmans driving the tempo for the Dutchman Daniel-Van Elven (Rabobank) and the Swede Mickael Wranqvist. These two riders took over the race in the last 5 kms and were joined by Hayman. Hayman, who turned 19 in April, was clearly not an easy rider to beat. Last year he came second in the World ITT Championships for Juniors and joined the Dutch team Rabobank with compatriot Robbie McEwen.

Tim De Peuter was in the first Belgian in fifth place. The rider from Deurne began racing again in June after a knee operations.

Olen-Geel, 176 kms:

1. Mathew Hayman (Australia)	3.44.00
2. Daniel van Elven (Ned)	0.22
3. Mickael Wranquist (Swe)	0.40
4. Fabrice Paumier (Fra)	3.01
5. Tim De Peuter (Bel)	3.04
6. Johan Van Nueten	3.11
7. Jurgen Van Roosbroeck	3.16
8. Sammy Quinn (GB)	3.32
9. Ludovic Capelle	
10. Nico De Keyser	

A S D A
AUSTRALIAN SPORTS DRUG AGENCY

DRUG TESTING **MAY** BE CARRIED OUT DURING THIS SPORTING EVENT.

Drug testing aims to deter athletes from using banned drugs, making competition fairer for all athletes.
To find out which drugs are permitted call:

ASDA HOTLINE - 1800 020506
(Mon-Fri, 9.00 a.m. to 5.00 p.m. EST)

THE AUSTRALIAN SPORTS DRUG AGENCY

ASDA, an agency of the Commonwealth Environment, Sport and Territories Portfolio - *Caring for the Future*

Article taken from Sydney Morning Herald
About Neil Stephens

This story appeared on Friday, July 25, 1997 under the headline Bolt from the blue for mum and the kid and was written by Paul Kent.

Neil Stephens was never meant to win a stage of the Tour de France. Or become only the second Australian, after Phil Anderson in 1981 and 1991, to do so.

Three days ago, Stephens was in the pack watching three Festina teammates slip away in front. Stephens's job then, as a domestique, was to help his teammates grab as great a lead as possible by slowing down the pack.

That's the role of the domestique - the ultimate team men. Just as every team has a leader, every team has its domestiques.

They are the fellows who, when the team leader punctures a tyre, offer theirs. If the team leader needs a drink, a domestique drops back through the pack until he reaches the support van, fills his jersey with bottles and sprints back.

His job is to set up the race for the team leader to win. If a rival breaks away from his leader the domestique chases him down, breaks his will. He brings his team leader back into the race.

Neil Stephens, 33, and living in Spain, was regarded as one of the best domestiques, an unsung hero. And just two days ago he was doing his job perfectly.

As his teammates tried to break away, Stephens sat at the front of the pack trying to block his rivals from pursuing. Until he was punched.

It seems a few frustrated riders could find no way around him, so one rider took it upon himself to force a way past. Punches were thrown. Stephens shrugged - he had done his job.

Yet none of this explains what happened yesterday, when Stephens won the 17th stage of the tour. Having attacked tour leader Jan Ullrich through the final stages of the mountains, without success, it was clear that team leader

Richard Virenque would not be able to catch Ullrich over the final stages heading into Paris.

With that in mind, the Festina team might have decided to change their tactics to grab a single shot at glory with a stage win. Or Stephens might have simply been sticking with the breakaway group, helping Virenque, and found himself still in the race with the finishing line in sight.

Ullrich still leads the second-placed Virenque by 6min 22s, while Stephens is 55th overall, 2:14.31 behind.

"It's the biggest victory of my life," he said afterwards. "Obviously, it's the biggest race in the world. I've always thought I was capable of winning a stage in one of the major tours - the Tour de France, the Tour of Spain or the Tour of Italy - and obviously to win in the biggest of all of them is a big thrill."

He crossed the line three seconds in front, gesturing as if he were cradling a baby in his arms. Wire reports suggested it was a statement that stemmed from Brazil, where soccer players have been known to gesture this way to indicate they were "bringing the baby home".

But Stephens had the gesture in mind for other reasons. "I didn't have much time to think about it so it was the first thing that came to my head," he said. "The birth of my

first daughter was 4 months ago now, and I've been trying to win a stage in a race, to try and dedicate the victory to my wife and my daughter. What better place to do it than the Tour de France?"

What better place, to honour Amaia Stephens and little Maialen, than where he was never supposed to win.

Stephens did it the hard way. He teamed with Peugot in 1985, year by year working his way onto stronger teams. It paid off in 1992 when the rich French team ONCE picked him up, where he set up races for Laurent Jalabert.

When he moved to Festina this year, his respect was wide-spread. Even yesterday, three kilometres from the finish, American Bobby Ulich saw Stephens ahead and instinct said to take him on.

But Ulich thought about the type of man Stephens is and the role he plays. He sat back in the saddle.

Article taken from The Australian - National Daily

Australian cyclist Neil Stephens used the bitter experience of two previous near misses to help him achieve the greatest moment of his sporting career when he won the 17th stage of the Tour de France here yesterday.

A "domestique" rider on the Spanish Festina team, Stephens usually does the unsung hard work for his team leader.

But today he siezed a rare opportunity to break away from the pack with three kilometres left in the 218.5-km stage from the Swiss city of Fribourg and became the first Australian to win a Tour stage since Phil Anderson in 1991.

"It's great, it sunk in 10 minutes after the race," Stephens said from his team hotel.

"I'd got so close to a stage win a couple of times before and that helped. I was so cool and calm in the approach into town because I was thinking in that position something always goes wrong for me."

This time, however, nothing went wrong for the 33-year-old from the ACT as he led the first attack 5km from the finish and then split the leading group 2km later to hold out Oscar Camenzind of Switzerland and Russian Vyacheslav Ekimov by three seconds.

Jan Ullrich of Germany, who came home with the peloton nearly four minutes behind Stephens, retained the overall leader's yellow jersey he has held for nine days, with only four days left in the Tour.

In 1994, Stephens was pipped to a stage win by Denmark's Rolf Sorensen and was in contention for a victory last year with only a few kilometres to go but disaster struck when a tyre rolled off the wheel.

The Spanish-based rider made a cradle with his arms as he crossed the finish line and later said the gesture was for his wife Amaia who gave birth to their daughter Maialene in March.

I haven't lost my perspective. After the finish, the French were asking me that this surely was the best thing to have happened in my life," he said.

I told them no, my marriage and the birth of my baby were the most important things in my life, but this is the best day of my sporting career without a doubt.

I've been chasing a win all year and I've finally got one in the biggest race in the world.

It's my sixth Tour and I'd been waiting for this victory for five years and finally I got it in the most beautiful race in the world.

I don't get many chances to go for a stage win ... The last kilometre was very long.

But when there's a chance for me, I have to take it like today. It was the biggest win of my life.

Over the last couple of days, I've been feeling really fatigued and the funny thing was I said to my teammates this morning I was feeling pretty tired.

The only reason I went to the front in the first place was my teammates were doing a lot of work and I thought I'd better get up there.

A few riders attacked and then I counter-attacked and I couldn't believe it. Once I got into the break, I was happy to be with it."

Defending champion Bjarne Riis, who lost a lot of ground in Tuesday's last Alpine stage from Morzine, started the stage after casting doubts over his fitness.

After dropping from fourth to seventh overall, Riis said that he had been suffering with stomach trouble brought on by medicine which he took for wrist pains he has had for some years

If I don't feel better tomorrow I can't do it any more, Riis said, adding that he would not have made it over the last of the day's three climbs if fellow Dane Jesper Skibby of rival team TVM had not given him a helping push. Riis said he thought his Telekom team mates should have dropped back to help him.

AUGUST BIRTHDAY'S

Renee Catton 6th, Brendon Boyd 8th, Denis Mungovern 12th, Sean Burke 15th, Mark Thompson 19th, Paul Ingwersen 22nd, Janet White and David Peiti 24th, Denise Randall and Alan White 27th, James Atkinson 31st



SEPTEMBER BIRTHDAYS

Rohan McMurray 4th, Clinton Lee 6th, Paula Sutton 7th, Ashley Hillsey 10th, Ian Munro 13th, Lorrains Haslem 14th, Danny Ellyard 15th, Richard Ferris 20th, Millee Brewer 23rd, Julian Jarvis 27th, Gail Sutton and Robyn Armstrong 29th,

CONGRATULATIONS TO KATY GALLAGHER

She had a baby girl on the 7th August, her name is Abigail.

There is going to be a Trivia Night in the near future look elsewhere in the Wheelie for details, see you there.

Canberra Cycling Club's Race Program

WANTED; Marshals needed for the last five races if you can assist with these races could you phone Denis Mungoven on 6288-6835 Don't forget No marshals No races.....

Unless otherwise stated;
All Start Times 1:30pm
Register no later than 15min before start time
All race distances and courses subject to change on day from presiding race officials. Unspecified distances apply to open grades.
Junior and sport grades race over shorter distances.
Further information contact Brian Simpson, Coach (02) 6259-1547(h) or Dave Sutton, Secretary (02) 6254-1937(h)
Visitors may ride in 3 races. Thereafter must join club
Club Info, results etc on the InterNet at www.pcug.org.au/~dsutton/cycling.html

23rd August;
Graded Scratch races, 60km Rd 5 Super Six Series
Uriarra Homestead
MARSHALS; *Sean North, Miles Prosser, Matt Lees and Christophe Baudry*

PLEASE NOTE CHANGE OF VENUE
30th August
Namina Road Handicap
MARSHALS; *Geoff and Lorraine Haslem, Mike Cave, Sarah Struik.*

30th/31st August
Coomealla Cycling Club
U17, 2 Day Tour of Sun Raysia
Rd race 50km 8km T/T
30 min Pointscore Crit

$1000 Prize Money, Mildura
Contact Barry Pollock
Ph 03 50242723

6th September
Ally Nish Handicap PT Hutt 43km
MARSHALS; *Terry Danaher, David Petti, Paul Atyeo*

14th September
Iron Mike Open and ACT Championship
A, B and C Graded scratch races 120km

20th September
Rd Super Six Series
Harold Hird Graded Time Trial
Uriarra Homestead

21st September (Sunday)
Hill Climb Mt Stromlo
Start Cotter Rd/Mt Stromlo

27th September
Graded Scratch Races 53km
Old Ferderal Highway

4th October
Graded Handicap 40km
Namima Road

11th October
Vikings 36km
start Pt Hutt Rd 1.5km from Tharwa
Contact; Chris Corey 6294-2182
19th October (Sunday 8am start)

Three person team time trial
start Parkes Way and Anzac Parade
BBQ Brunch following Race

Race Venues;

- **Uriarra Homestead;** Uriarra Rd/Brindabella Rd T-Junction
- **Point Hutt;** 1km from Point Hutt crossing, West Side
- **Old Federal Hwy;** Turn left off new Federal Hwy after Bywong Road, Signposted Gundaroo and approx 9km after Sutton Rd over pass Park in old cutting on South-West corner of next intersection.
- **Parkes Way;** (Time Trials) Car park at Anzac Parade/Parkes Way roundabout.
- **Faulding St** Fyshwick; (Criteriums) New Industrial site off Canberra Avenue.
- **Nanima Rd;** East off Barton Hwy between Hall and Murrabatemen. Just past Gooromon Ponds.
- **Narrabundah Velodrome;** Off Goyder St through Narrabundah oval car park. Past fields to East end.

CCC Training rides

- **Weekdays 6am;;** Northside from Coulter Drive/Southern Cross Drive. Contact Brian Simpson (h) 6259-1547
- **Weekdays 6am** Southside from the Bike Shed Phillip.
- **Wednesdays 6am;** (April - September) Junior training bunch (U15 up). Contact Brian Simpson 6259-1547
- **Sunday morning 8am;** Scrivener Dam Long/hard with options of turning off early

A report from John Armstrong who has recently returned from the Hewlett & Packard International Women's Challenge in Boise Idaho.

STAGE 1

First stage of the HP tour and the girls have done pretty well. First stage finished at Idaho City, a town that looks like it's straight out of a Western movie! Lots of strong girls that climbed up the tough climb to the finish. Lisa Robinson was the first to attack with an American, Miranda Briggs (got the photo in the paper! - Boise Cascade, the team sponsors were happy). Both got caught but finished well in the front bunch in the sprint. Katherine Cato and Susan Weller both were in the second pack coming over the top and drove it to join the front bunch and get bunch time. Lisa finished 24th with others getting bunch time, except Sandra Smith & Kim Palmer who both finished approx 5 min down. A strong ride from Susan Weller who drove the last 5 km whilst she had a slow leak in the rear tyre! (Finished with about 50psi).
Kim Palmer finished approx 5:00 min down and is in a composite team that includes Alison Dunlap. Struggled a bit today bit will get better as she goes on.

STAGE 2

An eventful day that saw approx 6 falls throughout the 128 Km race, and the bunch work hard to bring back an eight person breakaway at the bottom of the infamous Horseshoe Bend hill climb - 8 Kms of Mt Stromlo or steeper! Katherine fell twice but both times got back on and came through relatively unscathed for a gutsy finish. Susan was the first of our riders up the hill (approx 27th) showing very good form with Lisa and Katherine both suffering on the hill, but both displaying great resolve. The hill climb of the day came from the sprinter, Sandra who came in with Lisa for a great finish. and yes sandra now knows everybody in the bunch, their job, where they come from, etc, etc. Kim came in not long after Sue.

STAGE 3

We thought that yesterday was a climb! The girls have just completed a 20 km climb up to 7,000 ft high and did it pretty tough. Sue, Lisa & Katherine allcame in together approx 5:10 down on bunch time. Sandra was a further 3:30 down.

All girls are hurting a bit & finding the constant backing up pretty tough. Today was another 96 Km stage that broke into 3 main groups. The stronger climbers including Karen Kurreck USA, Zoulfia Zabirova Rus, Alison Dunlap USA, the Lithuanian twins (I can't pronounce them let alone spell them!) and Sue Palmer & Linda Jackson from Canada were in a group of 11 followed by a group of approx 27 followed by a group of 30 odd (our girls). Looks like tomorrow will be no different with a tougher climb but a longer decent. Tomorrow goes to approx 9,000ft so some of the girls will find it pretty tough at this height. For the records, Stanley is an incredibly pretty place with snow clad mtns in the background and beautiful brooks and lakes nearby - very pretty!

Curret GC	Sue	35th	9:55 down
	Katherine	49th	12:56 down
	Lisa	50th	13:00 down
	Sandra	70th	22:58 down
	Kim	61st	18:45 down

By the way there is supposed to be a very good web site on - www.hp.com/go/iwc

STAGE 4

Approx. 100km with an 8km hill climb in the middle. The bunch stayed together until the climb. There were a few attacks before including a spectacular one by Katherine Cato. Katherine attacked after one of the sprints but pulled her foot out of her pedal in the process! Thanks to some spectacular gymnastics she managed to stay on her bike!! Lisa Robinson, in typically aggressive racing tried to break the pack prior to the hill but was chased down on each occasion. Susan went over the hill in a very good

place (approx 20th position) whilst Linda Jackson was eating the rest of the field going over the hill a good 30 - 45 sec ahead of everyone else. Catherine and Lisa went over the hill together, but Lisa's supreme descending skills put her in touch with what ended up forming as the second group with Susan in there as well. Sandra and Katherine were both in a group 2 min behind them, with there being no doubt that Katherine was the strongest rider in that bunch.

Tomorrow sees 2 smaller climbs with the course probably suiting our girls better than the last few days has. Time will tell .....!!

Busy days just gone - lots of driving etc; here's the later stage results.

STAGE 5 TWIN FALLS - GLENNS FERRY, 125 KM

Only 2 relatively smaller climbs in this one. The race was dynamite over the first 30 km with riders attacking left right & centre trying to get a break prior to the first hill climb. Lisa buried herself a dozen times trying to establish something, but on all occasion's was covered. She has great gritt & determination that will take her a long way in road racing. Sue nearly got in the right break with a small gap on the field but again was brought back. Whilst it did break up over the first climb, it got back together again. A lone breakaway by Carolyn Donnelly from Potomac before the next hill and another rider bridging it saw the decisive breakaway, getting up to 2 min on the bunch. A very hot day that passed through some interesting, but desolate country, most girls were exhausted at the end. All girls finished in the bunch with Susan Weller displaying some (previously hidden) sprinting skills to take 16th spotin the stage.

STAGE 6 - HEAD TO HEAD ITT

A 7 km time trial at noon on Friday with a rider on each side of the road. Howling tailwind and we were shown how professional you must be if you want to be serious about this race. Teams Saeco, Klein and Saturn were riding specialist TT bikes worth a mint and, with conditions as they were, riders were choosing 56 & 57 tooth chain rings with 11s on the rear cluster! All our girls spun out on their 52 & 53 tooth chain rings and finished ap-

prox 30th position down.

STAGE 7 - BOGUS BASIN TIME TRIAL

This was a 2.7 Km hill climb at 7:00pm on Friday up a slope that was equal to Cotter rd coming out of the bridge (for those that know Canberra). All girls finished above mid field with the surprise packet being Sandra Smith only a few seconds off Katherine's time. A great evening (for us spectators!) where quite a few of the locals lined the course to cheer the girls on. It now seems to be a race between the Lithuanian Rasa Polikeviciute (HP Laserjet) and the Canadian Linda Jackson (Saeco/Timex) with the criterium planned for 3:00pm this afternoon. There is no doubt that the pace will be on from the gun in a figure 8 style course that will prove to be quite technical! Will be fascinating towatch. Will get back in touch after the criterium.

STAGE 8

The 41 lap, 55 km criterium around the streets of Boise saw a large crowd of over 6,000 people (a Johnny Armstrong estimate) with a lot hanging on the line for the race leaders. We've had mixed results in this race. First prime of $100 and we see an inspired Sandra Smith take first place with ease in the sprint - looking good for the rest of the race. However as the race went Sandra showed signs that things were not all rosy, until very late in the race she retired with a sore back. Robyn has just looked at it and we will make a judgement in the morning as to whether she will start in the last leg of the tour tomorrow. Bad luck also with Kim Palmer, unable to fathom why she was coughing so much and felling ordinary. She too dropped out and was later diagnosed as having asthma as a result of all the pollens in the air. Has some medication now and hopefully will clear by Fitchburg races next week. The ride of the day goes to Lisa Robinson who showed an incredible bike brain some great determination and some speed when it counts to put herself in the best position possible throughout the race. She could not counter the 3 strong teams that were riding exceptionally well for the final sprint, but she did win a prime for a $700

Hewlett & Packard Laserjet colour printer!! A very happy lady and one to watch out for in the future - she will be a very good road rider. Sue surprised herself by riding well throughout as did Katherine who was more than happy just to finish with the main pack. Final day tomorrow and I fully expect Lisa to continue to make another dig for some glory tomorrow. All girls are very tired and will be tougher and wiser fir having ridden the race.

Current Standings on GC;

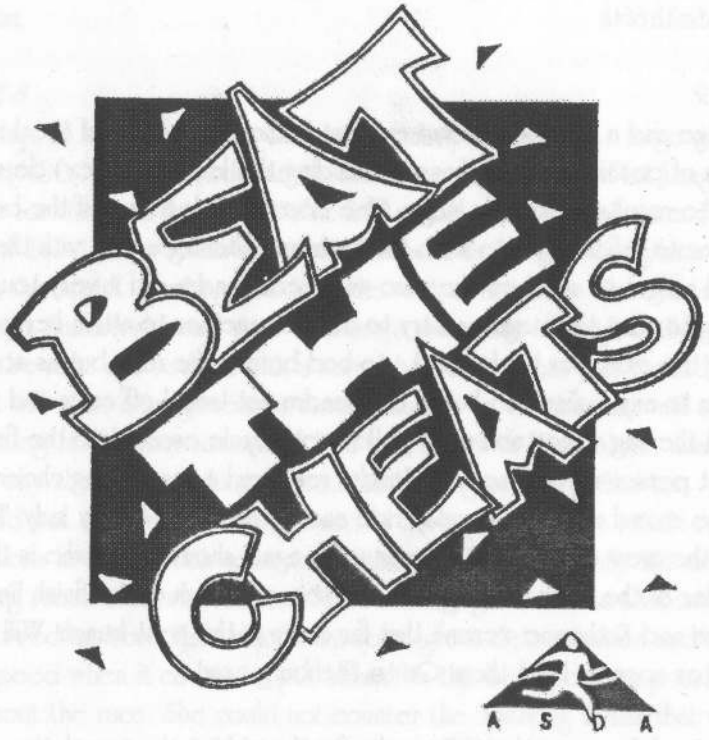
Susan Weller	37th
Lisa Robinson	48th
Katherine Cato	49th
Kim Palmer	64th
Sandra Smith	66th

STAGE 9

Final stage and a bit of relief was evident in the bunch. Lots of tired riders, lots of positions could change (including the leaders jersey) depending on the results of today's stage. One decent climb to see if the bunch will separate. I finally got to sit in the caravan - hitching a ride with the kiwis, and so got to see how the race unfolded. Sandra did it very tough, deciding to start the stage and try to hold it together to attain her goal of finishing the race. Her back wasn't too bad before the race but as soon as we came to any incline she hurt a bit. Sandra got tailed off early and was left with the sag wagon and a 20 police motorcycle escort into the finish line. Last person across the line, Sandra received a resounding cheer from the large crowd at Boise. A gutsy ride and a proud and happy lady. The rest of the crew did well, with Susan once again showing that she is the form rider of the crew finishing with the second bunch at the finish line. Both Lisa and Katherine weren't that far down in the next bunch. Will send GC etc as soon as I get them. On to Fitchburg now!

As promised, here are the GC results for the girls at the completion of the HP Women's Challenge.

PLACE	NAME	COUNTRY	TEAM	TIME DOWN
RACE CHAMPION	Rasa Polikeviciute	Lithuania	HP Mopier	
2nd	Linda Jackson	Canada	Saeco/Timex	24 sec
3rd	Zoulfia Zabirova	Russia	HP Mopier	27 sec
4th	Yolanta Polikeviciute	Lithuania	HP Mopier	1:55
5th	Valentini Polkhanova	Russia	HP Scanner	3:18
37th	Susan Weller	Aust	Boise Cascade	17:59
48th	Lisa Robinson	Aust	Boise Cascade	22:23
49th	Katherine Cato	Aust	" "	23:29
64th	Kim Palmer	Aust	Office Deopt	34:01
75th	Sandra Smith	Aust	Boise Cascade	46:16



AUSTRALIAN SPORTS DRUG AGENCY
LEADING THE WAY.

MUDGEE 2 DAY TOUR JUNE 21 st - 22nd



THE PACK

U13 Girls
Lucy Stewart Canberra
1st, Megan Windsor
Bathurst 2nd, Melinda Harris
Mudgee 3rd.



Lucy Stewart in criterium



U15 Girls
Kylie Hattenfels Dubbo 1st,
Paula Sutton Canberra
2nd, Stacey Holt Coffs Harbour 3rd.

Paula Sutton on 2nd

U17 Girls
Rochelle Gilmore Illawarra 1st, Kate Bates Parramatta 2nd, Fjelda Lee Parramatta 3rd, ***Millee Brewer Canberra 6th, Therese Mclaren Canberra 7th, Renee Catton Canberra 8th.***

U15 Boys
Simon Holcombe Hunter District 1st, ***James Atkinson Canberra 2nd***, Tim Fraser Dubbo 3rd.



James Atkinson on 2nd

U17B Boys
Lachlan Seegers Mudgee 1st, Duncan Kidd Hunter District 2nd, Brett Johnstone Parramatta 3rd, ***Rory Sutherland Canberra 5th.***



U17A Boys
Adam Cox Caravello 1st, Mark Renshaw Bathurst 2nd, Keiron Cameron Coffs Harbour 3rd, ***David Inabinet Canberra 5th.***

David Inabinet. Winning quite comfortable
I'm sure those hands were up before the finish line
Fifty dollar fine for this??????

Muswellbrook Cycle Club Junior 2 Day Tour July 12th & 13th

U/13 A Boys and Girls
Lucy Stewart 5th Overall

U/15 A Boys
Kial Stewart 2nd Overall
James Atkinson 3rd Overall

U17 B Boys
Joel Stewart 7th Overall

U17 A Boys
Dean McCrae 16th Overall

Junior World's Update - Great Australian Results

Junior 24 km Pointscore

1. Michael Rogers (Australia)	***21 points***
2. Libor Hlavac (Czech Rep)	14
3. Morten Voss Christiansen (Den)	11
4. Bradley Wiggins (GB)	10
5. Xavier Florencio (Spa)	9
6. Jurgen Van Loocke (Bel)	3
7. Yuichi Sasaki (Jap)	15 at 1 lap
8. Alberto Tolomelli (Ita)	11 at 1 lap

Olympic Sprint
1. France ***2. Australia (Sclin, Kersten, Hopkins)*** 3. Italy

Junior Women's 2000m Individual Pursuit

1. Alayna Burns (Australia)	***2.34,190***
2. Gitana Gruodyte (Lit)	2.39,958

3. Monika Tyburska (Pol)
4. Giorgia Giacometti (Ita)
5. Samanta Loschi (Ita)
6. Anna Sandakova (Rus)
7. Patricia Hempel (Ger)
8. Rachael Linke (Australia)

Junior Sprint
1. Tim Wulf (Ger)
2. Kane Selin (Australia)
3. Andrea Garavelli (Ita)
4. Jerome Hubschwerlin (Fra)
5. Arnaud Duble (Fra)
6. Jeffery Hopkins (Australia)
7. Tim Kersten (Australia)
8. Mickael Quemeneur (Fra)

4000m Teams Pursuit
Australia 4.20,889 defeated Germany 4.24,355
Australia's Team comprised Graeme Brown, Scott Davis, Ben Brooks, Brett Lancaster, and Michael Rogers.

Women's 500m Time Trial
1. Yumari Gonzalez (Cub) 37.402
2. Katrin Meinke (Ger) 37.462
3. Katie Parker (Australia) 37.960
4. Sandrine Adamiack (Fra) 38.102
5. Natalia Agapova (Rus) 38.396
6. Tamara Versolatto (Ita) 46.560
7. Tanya Lindenhuth (USA) 38.906
8. Maya Tachikawa (Jap) 39.262

Tour de France MTB
Stage 1- Pernes-les-Fontaines - Bédoin:
1. Bart Brentjens (Ned) 33 km in 1.23.41

2. Savignoli (Ita) 0.22
3. Cadel Evans (Australia)

Stage 2: Gigondas - Valreas:
1. Dupouey (Fra) 50 km in 1.53.15
2. Kristensen (Den)
3. Brentjens 1.14

GC:
1. Kristensen 3.17.57
2. Brentjens 0.13
3. Evans (Australia) 0.35

Jan Ullrich asks for a rest

'I am a sportsperson, not a popstar'
While Jan Ullrich requires a rest; the fans will not give him that chance. They stay around my house and ask for signatures. I try to give as much as possible; but the fans have to realize that i am a sportsperson and not a popstar.

Every day, around 1,000 fans are coming to the house of Ullrich in Merdingen. Even around the house of friend and mate Jens Heppner it's busy.

In the chocolate-shop of Heppner's mother Ullrich signs photocards. There were more than 5,000 supporters around the little shop.
Ullrich: 'I like the enthusiasm. And of course it's nice to see that - after my victory in the Tour de France - cycling is becoming popular in Germany. But the fans don't have to exaggerate.' In autumn Ullrich goes to hospital to have his tonsils removed. After that he wants to go skiing and he wants to go on holiday in Australia. Away from excitement, back to rest.

Race Results 5 July 1997
Canberra Cycling Club Championships Scratch Race
Point Hutt, Naas - Tidbinbilla (61km)

Senior Men

Steven Jay	1:45:07
Justin Quinton	1:49:19
Denis Mungovern	1:53:05
Terry Danaher	2:05:10
Geoff Osborne	2:06:50
Steve Costello	2:08:14

U19 men, Naas - Tidbinbilla (61km)

Andrew Blair	1:44:48
Seth Collins	1:44:57
2Andrew McGowan	1:56:00

U19 Women, Naas and back (41km)

Alison Wright	1:27:39
Amanda O'Connor	1:33:01
Rebecca Ellis	1:33:01
Emma Wensing	1:39:36

Vet, Naas and back (41km)

Dave Sutton	1:14:04
Nick Thomson	1:14:46
Mal Tilse	1:16:58
Jim Wright	1:20:35
Narelle Tilse	1:20:38
Steve Hillier	1:35:34

U11-U13, Corner (6km)

Bridget Flannery	0:16:47
U11Lewis Gough	0:17:30 2

U11Lucy Stewart	0:13:06 1
U13Alex Bird	0:13:08

U13U15M-U15W-U17W, Top of Tharwa (18km)

James Atkinson	0:30:21
U15M kial Stewart	0:30:22
U15M John Warren	0:35:09
15W Paula Sutton	0:35:50
U15Wmillie Brewer	0:33:42
U17W Renee Catton	0:33:42
U17WTherese McLaren	0:35:30

U17WU17M, Naas and back (41km)

Gary White	1:15:52
Joel Stewart	1:15:52
Rory Sutherland	1:15:54

Date 26th July
Venue Old Federal Highway

Open (33.5km handicap)

Name	*H/cap*	*Start*	*Finish*	*Place*	*Fastest times*
Miles Prosser	0:11:00	0:07:00	1:10:50	1	
Keith Haslem	0:11:00	0:07:00	1:11:16	2	
Paul Ingwersen	0:05:00	0:13:00	1:11:43	3	
Joel Stewart	0:05:00	0:13:00	1:11:43	4	
Dean McRae	0:05:00	0:13:00	1:11:43	5	
Dave Sutton	0:05:00	0:13:00	1:11:53	6	
Troy Stockwell	0:05:00	0:13:00	1:13:25	7	
Terry Danahaer	0:05:00	0:13:00	1:13:55	8	
John Forest	0:00:00	0:18:00	1:14:26	9	
Andrew Blair	0:00:00	0:18:00	1:14:26	10	
Damian Ruse	0:00:00	0:18:00	1:17:58	11	
John Warren	0:11:00	0:07:00	1:18:35	12	

Emma Wensing	0:18:00	0:00:00	1:25:28 13
Brendan Savage	0:00:00	0:18:00	1:31:56 14

Junior A (17.5km scratch)

James Atkinson	0:35:15	1
Rory Sutherland	0:35:15	2
Kial Stewart	0:38:14	3
Paul Flannery	0:38:14	4
John Warren	0:38:14	5
Paula Sutton	0:38:19	6
Alex Bird	0:38:19	7
Therese McLaren	0:38:33	8

Junior B (8km TT)

Gail Sutton	0:22:54

Race Results 2 August 1997
Brett Seaman Memorial Handicap
Uriarra/Cotter

Open, 52km

Name	*H/cap*	*Finish*	*Actual*
Ian Ruff	0:45:00	1:56:50	1:56:50
Mick Uzuabalis	0:25:00	1:58:39	1:38:39
Brett Cromer	0:25:00	1:58:40	1:38:40
Richard Ferris	0:25:00	2:00:45	1:40:45
Emma Wensing	0:45:00	2:01:13	:01:13
Dave Hennessy	0:15:00	2:01:13	1:31:13
Amino Vaccarella	0:15:00	2:01:13	1:31:13
Michael Clarkson	0:15:00	2:02:53	1:32:53
Paul Scherl	0:15:00	2:04:51	1:34:51
John Armstrong	0:25:00	2:05:01	1:45:01
Stephen Brennan	0:15:00	2:05:20	1:35:20
John Warren	0:25:00	2:05:21	1:45:21

Gail Johnston	0:25:00	2:05:22	1:45:22
Kodi Becker	0:06:00	2:05:30	1:26:30
Tanya Cramp	0:15:00	2:05:40	1:35:40
Paul Ruff	2:05:45	2:05:45	
Glen Miners	0:06:00	2:05:50	1:26:50
Ken Maxwel l	0:15:00	2:05:55	1:35:55
Paul Ingwersen	0:06:00	2:06:00	1:27:00
Geoff Osbourne	0:15:00	2:06:20	1:36:20
Troy Stockwell	0:06:00	2:06:30	1:27:30
Miles Prosser	0:15:00	2:06:35	1:36:35
Julia Gracyk	0:25:00	2:06:40	1:46:40
Michael McGurgan	0:06:0	2:06:55	1:27:55
John Vaughn	0:06:00	2:07:10	1:28:10
Michael Payne	0:00:00	2:07:17	1:22:17 (fastest time)
Stuart Bardsley	0:00:00	2:07:22	1:22:22 (2nd fastest time)
Phil Robertson	0:25:00	2:07:40	1:47:40
Karen Tonkin	0:45:00	2:08:20	2:08:20
Anne Gripper	0:25:00	2:08:30	1:48:30
Robyn Barker	0:25:00	2:09:10	1:49:10
Brigid Cassells	0:25:00	2:11:20	1:51:20
Cecily Sutton	0:45:00	2:11:25	2:11:25
Mick Hose	0:15:00	2:11:30	1:41:30
Anthony Willis	0:25:00	2:11:50	1:51:50
Loraine Haslem	0:15:00	2:11:50	1:41:50
John Thorn	0:06:00	2:15:24	1:36:24
Geoff Haslem	0:15:00	2:15:24	1:45:24
Mark Carter	0:06:00	2:21:17	1:42:17

Junior A (20km)

Kial Stewart	0:41:40
James Atkinson	0:41:43
Jennie Cassidy	0:41:50
Caroline Asman	0:41:50
Paula Sutton	0:41:50

John Warren	0:41:50
Alex Bird	0:41:50
Therese McLaren	0:41:50
Lucy Stewart	0:41:50
Paul Flannery	0:41:50

Junior B (8km)

Bridget Flannery	0:21:51
Lewis Gough	0:22:14
Hannah Flannery	0:25:09

SATURDAY 9 AUGUST
NANIMA ROAD 40km
GRADED SCRATCH RACES

A Grade Men

Stuart Bardsley	1:04:59
Simon Christopher	s.t.
Stephen Jay	s.t.
John Forrest	s.t.

C Grade Men

Geoff Osbourne	1:14:36
Brett Cromer	s.t.
Richard Ferris	1:14:47
Nick Uzubalis	1:14:52
Chris Willis	1:17:13
John Warren (Snr)	s.t.
Miles Prosser	1:17:27
Ian Ruff	1:26:13
Ross Butlin	1:34:40

B Grade Men

Danny Ellyard	1:04:59
Mark Carter	1:07:06
David Austin	1:07:11
Paul Ingwersen	1:10:09
Micheal McGurgen	1:10:18

Sport Grade

Tom Butlin	1:20:16
Sarah Holland	Dnf

Junior

John Warren Jnr	1:28:07